

## Rate your workplace's health index!

KOSHA developed 「Corporate health promotion index」

It suggests 'workplace health risk' and 'direction for health promotion'

- ☐ KOSHA develops and distributes corporate's health promotion index which easily letting you know the level of OSH activity and weak point of organizations(corporate).
- The index was developed to help workplace can understand their level of occupational health and conduct effective activities to enhance workers' health
- ☐ When user fills up 20 evaluation items for three suggest areas, result will calculate them and indicate the score out of 100
  - The three suggested area are; work characteristics, health status and health promotion activities.
  - The work characteristics are including number of aged workers and customer reception workers, and health status include number of MSDs workers for the last three years.
  - For the health promotion activities, MSDs and cardiovascular diseases prevention program, stress management and lifestyle coaching will be included.
- ☐ The health promotion index can indicate not only general level of the corporate's health but also potential hazard and certain area which requires improvement through the evaluation.
- ☐ Features of cause of the recent increasing MSDs and work-related stress, and work characteristics such as aged, long-hour, night or shift are reflected to this index. Therefore it is meaningful as the first Korean-specific evaluation tool.
- ☐ Evaluation format and its manual for the index are available at KOSHA website.
- ☐ President of KOSHA said that, "Workers' health is essential factor for sustainable development of corporate and the community" and "I hope this tool will help workplace to implement health promotion culture."