## **KOSHA** lets you get OSH knowhow

## The agency publishes a book, "It's our story"

1<sup>st</sup> November

Several excerpts from "It's our story", a casebook of best practices in OSH are:

"Damaged products can be replaced, but damaged body cannot be replaced by anything." by a team leader of a beverage company.

"Public awareness has been raised to the point that whether the product has safety equipment became the standard of good product. Protecting safety is process of being accustomed to inconvenience in some way." by a researcher of high place operation car manufacturing

KOSHA(President: Hun-ki Baek) publishes a book of which consists of best practices of OSH: OSH manager in the construction work site who gives out vitamin everyday to workers; a company that developed the vest that helps workers move 60-kilogram-beverage boxes easily. The book "It's our story" would deliver a meaningful knowhow about occupational safety and health with funny stories.

The stories in the book were collected from 'Best practices of OSH Awards' held by KOSHA July. The storytelling-based-book would help various industries benchmark success stories from other sectors.

Some of 20 stories are including: secret of Korea House Management Association to build apartment complex without accidents; a worker at a construction company who developed 'exercise to wake up your brain'; an occupational nurse who treats work related stress or depression through 'clay play' program.

The 200-paged-book also includes pictures to enhance readers' understanding, with summaries of each story. There's also a corner to deliver a voice of rookies at the field, in the form of interview.

KOSHA celebrates 7<sup>th</sup> edition of the book which has been published ever since 2009, under the 'relieving workers strategy'.

Readers also can download the PDF version of the book on <u>www.kosha.or.kr</u>. After the book is published, KOSHA delivers books to the associates in related organizations in an effort to enhance awareness of people on OSH.

President Baek added that "the book publishing would serve as an opportunity to help our communities understand the importance of safety and health through various cases and experiences by sectors" saying that he hopes the safety culture would settle down in our daily lives. End.

reference: cover of the 7<sup>th</sup> book, 'It's our story'

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